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| lundi | mardi | mercredi | jeudi | vendredi | samedi | dimanche |
| Cabinet  de  Médecine Chinoise | | | 07h45-8h45  STAPS Grandmont | 9h30-10h30  Place Coty | Stages  Et  Formations  Selon demandes | |
| 9h30-10h30  19 av Grammont | 10h45-11h45  Place Coty |
| 11h30-12h30  Neuvy le roi | 12h30-12h45  Palais des sport |
| Aprèm  Cours particuliers | |